



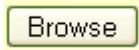


FINDING EVIDENCE BASED ARTICLES IN CINAHL


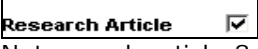
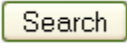
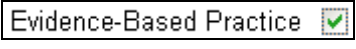
Locate CINAHL Database

1. From USM home page, Click **arrow**, Select **Libraries**, Click **GO**
2. Click **Find Articles**
3. Select **Indexes/ Databases by Title**
4. Click **C**, then **CINAHL**


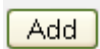

Use Thesaurus to Locate Official Terminology and Search Each Concept Individually Click, Type first term, Click

1. Click , Type first term, Click 
2. Click **box in front of term**
3. If *Explode* is an option, Click on **term** to identify the narrower, related concepts covered by *Explode*
4. If narrower terms desirable, Select **Explode**, click 
5. Click , Type second term, Click 
6. To explode, follow procedure in #3-4 above
7. Repeat procedure for additional terms


Limit results to Evidence Based Articles

1. Click 
2. Review **Publication Type** limits, and consider *Clinical Trial, Practice Guidelines, Protocol, Standards, Systematic Review, and Research* (use CTRL to select more than one). **Tip—Can't decide? Try** 
3. Not enough articles? Consider searching the subject headings described in your library guide - *Finding Evidence Based Literature in Cinahl...*
4. Review other options such as **Peer Reviewed, Publication Date, Language, Age Groups** etc., and select as appropriate. Click 
5. Repeat search by **deleting** previous **Publication Type** limits
6. Select 
Note – This limiter retrieves articles only from a pre-selected list of journals from 2001+


Combine Search Terms

1. Click 
2. *Delete* text in the **Find:** box
3. Click boxes adjacent to desired terms, Select **And/Or** as appropriate to combine terms. Click 
4. Review statement in **Find** box, Click: 


Review Results and Select Articles

1. Click on title of record for more details. Click [Result List](#) to return to record list
2. Select desired records, and save by clicking  [Add](#)
3. Some records have a list of [Cited References](#). Click to view the author's bibliography.
4. Select [Times Cited in this Database](#) to identify newer articles which have cited the current resource

Print or Save Full Text Articles



1. Click  [Linked Full Text](#) to obtain article. When printing/saving PDF files use links in the **Acrobat Reader** toolbar

Obtain Articles

1. If full text not available, click  and look for hidden full text and follow link
2. No hidden full text? Go to **step 2** and check for print version. If print not available:
3. Submit a completed Interlibrary Loan request form. If you have not yet created an account, Click [First Time Users Click Here!](#) and follow instructions
4. **Note-articles will be available to you in 3-5 working days**
5. You will be notified by e-mail when article arrives. Click e-mail provided link, login to ILLIAD, and Click













Print, E-mail or Save Records

1. Click  adjacent to desired records
2. Select  **Folder has items.** and print, e-mail or save (to disk) selected items

Save Searches for a Future Session

Note-Even if your search is unsuccessful, it's always a good idea to save it to the Ebsco server

Each search that you do is saved temporarily until you logoff. To save searches permanently:

1. Select 
2. Select 
3. Click  (If you have not already created an account you will be prompted to do so)
4. Enter a name and description for your search Select desired duration of save. Click 
5. To retrieve a saved search Click , type username and password and 
6. Select 
7. Click 
8. Click  for desired saved topic, and select  to obtain original search results